



WHAT IS DOPING ?

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Doping is defined as the occurrence of one or more of the following anti-doping rule violations:

01. Presence of Prohibited Substance:

Presence of a prohibited substance or its metabolites or markers in an athlete's sample

02. Use of Prohibited Substance/Method:

Use or attempted use by an athlete of a prohibited substance or method

03. Refusing Sample Collection:

Refusing, or failing without compelling justification, to submit to sample collection after notification as authorized in applicable anti-doping rules, or otherwise evading sample collection

04. Failure to File Whereabouts & Missed Tests:

Violation of applicable requirements regarding athlete availability for out-of-competition testing, including failure to file required whereabouts information and missed tests (i.e., any combination of three missed tests and/or filing failures within an 18-month period may be deemed a doping violation)

05. Tampering:

Tampering or attempted tampering with any part of the doping control process

06. Possession:

Possession of a prohibited substance and prohibited method

07. Trafficking:

Trafficking or attempted trafficking in any prohibited substance or method

08. Administration:

Administration or attempted administration to an athlete of a prohibited substance and/or method; or assisting, encouraging, aiding, abetting, covering up or any other type of complicity involving an anti-doping rule violation or any attempted anti-doping rule violation